

1996 Section 1AA Championship at Carleton College, Northfield, May 30 & June 1, 1996

Teams: Lakeville 159 ½, Faribault 73 ½, Rochester John Marshall 64, Red Wing 53, Owatonna 52 ½, Winona 50, Rosemount 42, Northfield 41 ½, Eagan 35, Albert Lea 31, Austin 22, Rochester Mayo 22, New Prague 10, Farmington 7.

100

1 Matt Wordelman, Owatonna	11.18
2 Steve Grove, Northfield	11.28
3 Todd Jelen, Lakeville	11.51
4 Josh Wilske, Lakeville	11.53
5 Chris Golecki, Lakeville	11.60
6 Phil Meyer, Roch JM	11.61
7 Sebastian Hanneshagen, Owat	11.66
8 Chris Stuart, Winona	11.76

200

1 Matt Wordelman, Owatonna	22.87
2 Josh Wilske, Lakeville	23.13
3 Sebastian Hanneshagen, Owat	23.18
4 Todd Jelen, Lakeville	23.42
5 Phil Meyer, Roch JM	23.79
6 Eric Lewallen, Mayo	23.84
7 Mike Barrens, Austin	23.94
8 Matt Severson, Lakeville	23.95

400

1 Marcus Ludtke, Albert Lea	50.28
2 Zane York, Austin	51.08
3 Ryan Timmons, Lakeville	51.38
4 Chris Ohnstad, Faribault	51.53
5 Arthur Paquette, Faribault	51.70
6 Greg Hansen, Eagan	52.10
7 Steve Ruble, Red Wing	52.24
8 Rob Christman, Northfield	54.79

800

1 Mitch Ohnstad, Faribault	1:56.86
2 Eric Hanson, Winona	1:59.53
3 Chris Ostrom, Faribault	1:59.68
4 Kam Hyland, Owatonna	2:02.17
5 Jason Karlstad, Roch JM	2:03.10
6 Chris Gibbons, Mayo	2:03.64
7 Shawn Urban, Owatonna	2:04.39
8 Justin Edwards, Red Wing	2:11.61

1600

1 Zac Schendel, Red Wing	4:20.83
2 Eric Hanson, Winona	4:21.03
3 Jason Greene, Lakeville	4:21.88 q
4 Chuck Smith, Lakeville	4:24.67 q
5 Phil Smith, Lakeville	4:24.72 q
5 Kam Hyland, Owatonna	4:24.72 q
7 Dustin Halverson, Red Wing	4:37.23
8 Craig Empey, Farmington	4:39.82

3200

1 Zac Schendel, Red Wing	9:26.52
2 Jason Greene, Lakeville	9:27.79
3 Chuck Smith, Lakeville	9:29.69 **
4 Phil Smith, Lakeville	9:29.82 **
5 Alex Werner, Northfield	10:07.61
6 Josh Hasely, Red Wing	10:08.96
7 Craig Empey, Farmington	10:12.68
8 Ryan Rogers, Eagan	10:20.54

High Hurdles

1 Steve Sorensen, Eagan	15.23
2 Tom Hoseck, Winona	15.45
3 Kevin Keegan, Rosemount	15.46
4 Tom Siens, Lakeville	15.68
5 Brian Danberry, Lakeville	15.73
6 Andrew LeVake, Faribault	15.77
7 Shawn Barnett, Lakeville	15.87
8 Brian Mushitz, New Prague	16.30

Intermediate Hurdles

1 Steve Grove, Northfield	39.97
2 Tom Hoseck, Winona	40.11
3 Tom Siens, Lakeville	40.67
4 Ben Campbell, Red Wing	40.82
5 Kevin Keegan, Rosemount	41.12
6 Steve Sorensen, Eagan	41.56
7 Ryan Finke, Mayo	66.50
8 Matt Juaire, Winona	66.63

4x100 Relay

1 Lakeville (M. Severson, C. Golecki, J. Wilske, T. Jelen)	44.00
2 Owatonna	44.11
3 Winona	44.30
4 Rochester JM	45.36
5 Faribault	45.40
6 Red Wing	45.72
7 Rosemount	45.73
8 Mayo	46.10

4x400 Relay

1 Albert Lea (D. Palmer, M. Smith, B. Kylo, M. Ludtke)	3:26.59
2 Faribault	3:27.09 q
3 Winona	3:27.20 q
4 Red Wing	3:31.87
5 Rosemount	3:32.52
6 Rochester JM	3:32.84
7 Eagan	3:34.42
8 Lakeville	3:36.31

Sprint Medley Relay

1 Faribault (C. Kreneke, D. Olson, C. Ostrom, M. Ohnstad)	3:33.34
2 Red Wing	3:36.58 q
3 Rosemount	3:37.77 q
4 Rochester JM	3:45.30
5 Mayo	3:46.15
6 Austin	3:46.19
7 Farmington	3:49.63
8 Albert Lea	3:52.65

* Ties Meet Record

** New Meet Record

q = qualified for State by standard

Shot Put

1 Eric Fredrickson, Northfield	55-3 ¾
2 Ben Bauer, Faribault	54-0
3 Matt Nelson, New Prague	53-0 q
4 Lee Dickey, Lakeville	50-0 ½
5 Ryan Anthony, Austin	49-4
6 Dick Voit, Faribault	47-11
7 Shaun Barnett, Lakeville	47-8
8 Karl Steckelberg, Owatonna	47-7

Discus Throw

1 Lee Dickey, Lakeville	151-6
2 Trevor Rolfes, Lakeville	151-0
3 Shaun Barnett, Lakeville	144-2
4 Chris Sorgenfrie, Roch JM	141-4
5 Jason Cerrar, Eagan	136-9
6 Thor Lossen, Winona	134-5
7 Nick Voit, Faribault	134-1
8 Clint Yocom, Mayo	133-10

Long Jump

1 Omar Clemmons, Roch JM	22-3 ¾
2 Drew Howard, Rosemount	21-5
3 Khoun Thammalangsy, Lakeville	21-3
4 Joe Halleland, Austin	20-4 ¼
5 Adam Munson, Faribault	20-1 ¾
6 Chad Preble, Rosemount	19-9 ½
7 Tyler Severson, Northfield	19-8 ½
8 Matt Juaire, Winona	19-6 ½

Triple Jump

1 Josh Salic, Roch JM	44-1
2 Marshall Sheppard, Mayo	42-5 ¾
3 Khoun Thammalangsy, Lakeville	42-1
4 Steve Grove, Northfield	40-8 ¾
5 Adam Munson, Faribault	40-6 ¼
6 John Cameron, Rosemount	39-8 ½
7 Greg Hansen, Eagan	39-8
8 Chuck Clutter, Eagan	39-7 ¾

High Jump

1 Josh Salic, Roch JM	6-6
2 Phil Gardner, Lakeville	6-5
3 Chuck Clutter, Eagan	6-4
4 Omar Clemmons, Roch JM	6-2
5 Chris Gissler, Red Wing	6-2
6 Brian Mushitz, New Prague	6-2
7 Ryan Feider, Rosemount	6-0
8 Adam Monson, Faribault	6-0

Pole Vault

1 Darin Palmer, Albert Lea	14-5 **
2 Khoun Thammalangsy, Lakeville	14-0
3 Tim McMenomy, Rosemount	12-6
4 Jeff Garza, Owatonna	12-3
5 Bill Benolkin, Lakeville	12-0
6 Erik Hoversten, Eagan	11-6
7 Tyler Severson, Northfield	11-0
7 Andrew Brown, Faribault	11-0

Notes: